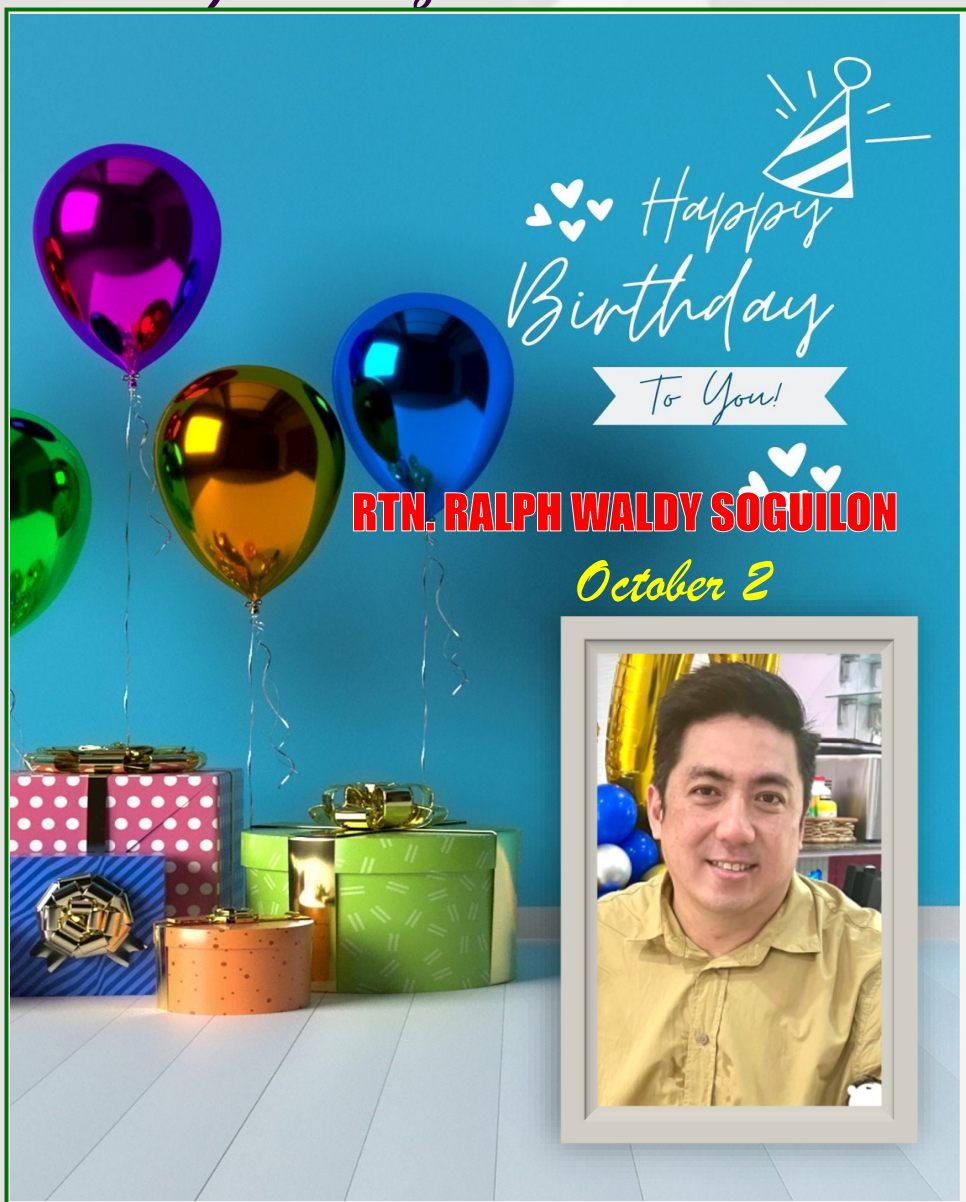




Celebrity Greetings



OCTOBER 4, 2023

What's inside.

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Programme

Opening Ceremony

Call to Order	PRES ALVIN DEMONTAÑO
Reading of Tonight's Prayer	RTN. FRANCIS TIONGSON
National Anthem	RTN. WINSTON TAN
Rotary Hymn	RTN. VINENT TAN
Object of the Rotary/ 4-Way Test	RTN. RICHIE TIOSEJO
Intro. of Visiting Rotarians & Guests	RTN. JOEY TO-ONG

Fellowship

Community Singing	PP BEN TUPAS
Celebrity Greetings	DIR. BONG VALENCIA

Club Matters

Treasurer's Time	TREAS. JOHN ARCAMO
Secretary's Time	SEC. JASON FRANCISCO
President's Time & Adjournment	PRES ALVIN DEMONTAÑO

RTN. MJ TIONGSON

Moderator



Fully-paid Members

FULLY PAID MEMBERS

1ST QUARTER—RY2023-2024

RTN. JAMES ABLOG	DIR. KENNETH ANZANO	PP JUN DEMONTANO
PP TON ACHARON	PP JEREMY AGUINEA	PAG MELVIN DISTOR
PP JERRY BELBIDER	RTN. MICHAEL BUHISAN	PP BEBOT EDILLON
VP EDWARD CARILLO	RTN. REY CORTES	PP BUTCH FLORES
DIR. ALEXANDER JAY CRUZ	RTN. MICHAEL CUE	RTN. SIMON TRAZO
RTN. ERWIN CURVA	PRES. ALVIN RAY DEMONTANO	RTN. JOEY TO-ONG
RTN. GERALD FACIOL	RTN. NESTOR FONG	PP RENE ESPIRITU
RTN. EDGAR FORONDA	SEC JASON FRANCISCO	PAG MARIO DIDELES
PP REY FRANCISCO	PAG RAMON GONZALES	DIR. BOY QUIAPO
RTN. EDEN IBANEZ	RTN. LEO LABRADOR	PO NOEL PIDO
RTN. DOODZ LAPIZ	PP ANDRES LORENZO	RTN. VINCENT TAN
PAG KIKO LORENZO	RTN. ROBERT MARIANO	PE SAMUEL SIA
RTN. PEBBIE MATONDO	RTN. ANDREW GWENN OLARTE	RTN. JOEL SANTOS
RTN. LANDO PANARES	RTN. CHARLES PASCUA	RTN IAN SELVIDO
RTN. FLORANTE RODRIGUEZ	DIR. TEODORO SALES	
RTN. MOSES DEAN SUNICO	RTN. RALPH SOGUILON	
RTN. WINSTON TAN	IPP MARK JEROME TIONGSON	
RTN. MJ TIONGSON	RTN. RICHIE TIOSEJO	
PP BEN TUPAS III	DIR. RAUL ANTONIO VALENCIA	





Rotary International Features



So how did health workers discover polio in two countries long considered polio-free? And how can they be sure it's gone now? This process of searching for a disease is known as surveillance, something that Rotary has supported with \$73.6 million in funding over the past five years. As the worldwide eradication of polio approaches, surveillance will play a pivotal role in ensuring that the world is truly polio-free.

In November 2021, when the 3-year-old girl from a deprived area of Malawi's capital, Lilongwe, showed up at a hospital with paralysis in her right side, clinicians quickly diagnosed acute flaccid paralysis, a sudden onset of muscle weakness, usually in the limbs. AFP has many causes; polio is just one

of them, and its occurrence is rare — one more reason why follow-up testing is essential.

Polio is spread through human waste (or, more rarely, through sneezing and coughing). It enters the body through the mouth, for example in contaminated food or water. The virus replicates in the gastrointestinal tract and is shed in feces. When doctors diagnose a patient with AFP, they send a stool sample to a polio reference lab to check for the virus. This is called AFP surveillance: looking for cases of AFP, polio's primary symptom, and then confirming, through the sample, whether the virus caused those cases.

Farrell Tobolowsky, a medical epidemiologist in the CDC's Global Immunization Division, uses an angling metaphor to describe AFP surveillance. "Never forget that net you cast when fishing," she says. "Polio is a fish you catch in that net."

In Malawi, clinicians obtained a stool sample from the girl, as is protocol. However, because it had been 30 years since the last case of polio in that country, the virus was far from anyone's mind. That January, the sample was sent to the nearest polio reference lab, in South Africa. *—tbc*



Tonight's Prayer

As we gather here today
as members of Rotary, we pray that
we are ever mindful of opportunities
to render our service to fellow
citizens and to our community.
Keeping in mind always the
enduring values of life,
exerting our efforts in those areas and
on those things upon which future
generations can build with
confidence.
Let us continue to strive to make a
better world.
Amen.





R.I President's Message



R. GORDON R. MCINALLY

President
Rotary International
RY 2023-2024

The World Health Organization designates 10 October as World Mental Health Day, and with Rotary placing a special focus on mental health this year, I would like to help answer the question posed to me most often when I travel to meet members: How can my club get started?

There are some wonderful examples of Rotary members taking action already. In the Philippines, the Rotary Club of Tiaong-Hiyas held a 12-week health challenge for mothers in the community to promote some baseline health screenings and coaching on a healthier lifestyle.

By the end of the challenge, the mothers had a special bond and decided to form a Rotary Community Corps called Ilaw ng Tahanan ("one who lights up the home") with the goal of involving more mothers in health education and wellness support — and later youth services, teen pregnancy prevention, and help with unhealthy substance use. Almost a year later, the RCC is preparing to open its own health center where mothers can come for peer-to-peer support.

Another strong example is in Colorado. In the fall of 2021, a small group of stakeholders from the Rotary Club of Highlands Ranch formed the Rotary Clubs of Colorado Endowed Fellowship for Pediatric Mental Health, which enhances the ability of Children's Hospital Colorado to recruit and train pediatric psychiatry providers and allows the hospital network to make additional appointments. This increases access to mental health care for children and decreases provider shortages.



Rotary International Features



The value of vigilance

Tenacious surveillance a key to progress in the eradication of polio

Several African countries are considered at high risk for a polio outbreak. But for many years, Malawi wasn't one of them.

The nation has a sound public health infrastructure, and its immunization rate is good. The last time a child there had been paralyzed by polio was in 1992, decades before all countries on the continent were deemed polio-free. "Imagine how many children were born and grew up without knowing polio," says Jamal Ahmed, coordinator of the polio eradication program in the African region for the World Health Organization. So, when a child in Malawi tested positive for wild polio in February 2022, "it was a surprise," Ahmed says.

It was a similarly unwelcome surprise a few months later when Janell Routh saw an email from Kirsten St. George at the Wadsworth Center, the polio reference lab in New York State. The lab had identified a case of polio in an unvaccinated man living in Rockland County, about 30 miles north of Manhattan. "That was quite a shock," says Routh, a medical officer in the Division of Viral Diseases at the U.S. Centers for Disease Control and Prevention. "We never thought that we would see a case of paralytic polio in the United States."





Upcoming Activity

EARLY DETECTION SAVES LIVES

Pink October 2023

BREAST CANCER AWARENESS MONTH

October 14, 2023 | 7:30AM
Oval Gymnasium G.S.C

PARTICIPATED BY:

AREA 3F
Rotary Club of General Santos City
Rotary Club of Gensan Tuna Port
Rotary Club of Miltown General Santos
Rotary Club of Pologmolo 101

AREA 3G
Rotary Club of Dadiangas
Rotary Club of Greater General Santos
Rotary Club of Metro Dadiangas

AREA 3H
Rotary Club of Central Pologmolo
Rotary Club of Koronadal
Rotary Club of Koronadal Central
Rotary Club of Marbel (Koronadal)
Rotary Club of Metro Koronadal

"EARLY DETECTION IS THE BEST PREVENTION."

"EARLY DETECTION IS THE BEST PREVENTION."

Metro Dadiangas
Rotary Club

Pink October 2023

BREAST CANCER AWARENESS MONTH

"EARLY DETECTION IS THE BEST PREVENTION."

"EARLY DETECTION IS THE BEST PREVENTION."

Metro Dadiangas
Rotary Club

Pink October 2023

BREAST CANCER AWARENESS MONTH



R.I President's Message

Since then, the project has brought on new supporters and is now fully funded with a \$500,000 endowment. Investment income from this endowment will support a fellow — a psychologist or psychiatrist — at Children's Hospital. A new fellow will be named every one to two years, beginning spring of 2024. Over time this will create a cohort to bolster the mental health workforce, treating kids from all 64 Colorado counties and neighboring states.

There are many more great mental health project stories on Rotary Showcase, and I invite you to share your experiences as you begin your own projects. Also, please reach out to mindhealth@rotary.org with any thoughts or ideas you would like to share about mental health in the Rotary world.

On 10 October, I will host a Facebook Live event when we will recognize World Mental Health Day and further explore how Rotary members can begin this journey. But I would like to leave you with one way every Rotary member can make a difference.

Right now, there is someone you know in the Rotary world — in your club, from a project you've worked on, in a Rotary Fellowship or Rotary Action Group — who could use a little more of your time and attention. Rotary is this great gift of global friendship, and that also means being there for each other.

Discovering the human connections that bind us is what we do through our membership every day. It's what Rotary has always been about, and we can build on it by helping each other find peace at home.

We need to learn how to ask not just "How are you?" but also "How are you really?" By doing so, Rotary can continue to Create Hope in the World.





Secretary's Report



JASON CARLO FRANCISCO

Secretary
Rotary Club of Metro Dadiangas
RY 2023-2024

Date of Meeting	Total Membership	# of Members Used in Calculating the Attendance	# of Members Present	# of Members Made-Up	%
SEPT. 20, 2023	63	63	58	1	94%
AVERAGE ATTENDANCE					94%



Metro Activity

Medical Mission | SEPTEMBER 30, 2023

PRK 1B, KATANGAWAN, GSC





Metro Activities

Project SMILE

JOHN PAUL BASTASA | 10 MALE | Matanao, Davao del Sur
Date of Operation: **September 7, 2023**



BEFORE

DURING

AFTER



Treasurer's Report



JOHN ARCAMO

Treasurer
Rotary Club of Metro Dadiangas
RY 2023-2024

OCTOBER 4, 2023

Club's Fund as of SEPTEMBER 26, 2023	₱322, 962.11
Add: Club's Collection (SEPTEMBER 27, 2023)	18, 850.00
Add: Club Uniform Collection	4, 000.00
TOTAL Club's Fund by SEPTEMBER 28, 2023 ———	₱345,812.11
LESS EXPENSES	
Meals (September 13)	19, 236.00
Meals (September 27)	17, 545.00
Reimbursement to Pres. Alvin (50% Payment for new Club uniforms)	17,650.00
TOTAL EXPENSES	54, 431.00
TOTAL BANK BALANCE AS OF OCTOBER 3, 2023	₱291,381.11
PAYABLES	
Project SMILE	93, 000.00
TRF (Annual Fund & PolioPlus Society)	47, 025.00
Polio Plus Fund Collection (300/member)	15, 000.00
TOTAL PAYABLES	155, 025.00
TOTAL CLUB'S FUND AS OF OCTOBER 3, 2023	₱136,356.11





President's Message



ALVIN RAY DEMONTAÑO

President
Rotary Club of Metro Dadiangas
RY 2023-2024

Good evening fellow Rotarians, Rotaractors, & Guests. Thank you for attending our 13th regular club meeting for Rotary Year 2023-2024.

Last September 30, 2023, the Rotary Club of Metro Dadiangas, the Rotaract Club of Metro Dadiangas and MJ Tiongson Construction traveled to Purok 1B, the farthest purok from the health center of Brgy. Katangawan in partnership with the Nursing Students of the Notre Dame of Dadiangas University College of Health Sciences and several doctors. The Rotary and Rotaract Clubs of Metro Dadiangas provided and assisted in dispensing medicines during the medical mission as well as distributed hygiene kits on behalf of MJ Tiongson Construction. The residents of Purok 1B, aside from the medicines and hygiene kits, received also free haircuts, an HIV Awareness Seminar, and free HIV Testing from the Department of Health.

This coming October 7, 14, and 28 will be full of activities celebrating Pink October. As we all know, Pink October is also known as Breast Cancer Awareness Month. As discussed during our ACOM meeting, we will be having area-wide projects during these dates. The most important date is on October 14 wherein we will be the --



President's Message

— club to host the Pink Zumba together with the ladies as well.

On October 28 will be a fundraising dinner for the clubs. More details on this in the coming days.

I would also like to remind everyone of their PolioPlus Society Donation of \$100.00 per year for us to become the first in the area to be a 100% PolioPlus Society Club. This will add recognition to the club, as well as help the cause in eradicating the disease worldwide.

Looking forward to your participation in the coming events! That is all for tonight's weekly meeting.

Thank you everyone for coming and may you have an enjoyable night.

